

Central Office
910-678-8002
310 Green St., Suite
201, Box 14
Fayetteville, NC 28301
Office hours: 10 a.m.
to 2 p.m. Tuesdays
and Thursdays

Upcoming Events

May 19

Spring Fellowship
and District 51 meet-
ing at Sandalwood.
Meeting at 1 p.m. Pan-
el on 12 Traditions at
2 p.m., Fellowship at 3
p.m.

* * *

June 8

BCR-CO Founders
Day celebration will
be held at Peace Pres-
byterian Church,
3202 Ramsey St.,
Fayetteville.

* * *

June 13

Deadline for pre-
registration and hotel
reservations for the
72nd North Carolina
State Convention, July
11-14 at Hilton Raleigh
North Park, 3415
Wade Ave, off I-440
Beltline at Exit 10.
Pre-registration is \$20,
after that \$25. For
schedule, hotel infor-
mation and more go
to aanorthcarolina.org.

Continued on page 2

The Common Bond

The Newsletter of the Bladen, Cumberland and Robeson Central Office

June-July 2019

Founders Day 2019



Art and pictures courtesy of Courtesy of Common Core/Bing

Different look to Founders Day this year

This year's Founders
Day celebration will
have a different look, a
new home and no free
dinner.

The changes were
made for several rea-
sons including financial.

There is also more
emphasis on service this
year with a workshop in
addition to a speaker.

When: Saturday, June 8

**Where: Peace Presbyterian Church,
3203 Ramsey St.,
Fayetteville**

Schedule:

**1 to 4 p.m.: Games and Fellowship
(kickball, cornhole, horseshoes).**

4 to 5:30 p.m.: Workshop:

**AA Group: Steve M. of Southern
Pines**

Sponsorship: Suzi D. of Cary

**5:30-7 p.m.: Dinner, Food Truck (The
Diner by Chef Glen & Co.)**

**7 p.m.: Speaker Jerry W. of Apex on
Founding of AA**

Central Office Board

Chairman

Kate S.

Vice chairman

Johnny V.

Treasurer

Jay O.

At-Large members

Bladen

Vacant

Cumberland

Jerry T.

Robeson

Vacant

Office manager/

secretary

Doreene B.

Council

Agnostics & Others

Vacant

Central Group

Jackie M.

Sandalwood

Billy B.

Back to Basics

Dan. A

Bare Bones

Richard A.

ODAT

Jon F.

Fort Bragg

Michael

Freedom in Growth

Leah W.

Keep It Simple

Jackie W.

New Freedom

101 Big Book

Principles Group

Charles K.

Pine Run

Sandalwood

Grace M.

Seekers of Sobriety

Spring Into Action

Anne S.

There is a Solution

Bryan Z.

Village Group

Sylvia E.

Walking the Same Path

Alexis L.

Women of Quality

Candice B.

Council changes meet times; hotline plans discussed

The BCR Council approved a change in bylaws at its May 15 meeting that will switch its meeting times from 6:30 p.m. on the third Wednesday of odd numbered months to 3 p.m. on the first Sunday of odd number months.

The change was made because of conflicts with A.A. meetings and other activities on Wednesday nights and to help improve participation on the council.

The first meeting under the new plan will be on July 7 at the Central Office.

In other business:

* The council hired Doreene B. as the new office manager/board secretary to replace Audrey, who resigned over personal reasons. Doreene B. had been filling in as office manager/secretary since October when Audrey took a leave of absence. Audrey recently decided not to return.

* Chairwoman Kate S. announced Jim H. was stepping down as webmaster after eight years of service. John L. will become the new webmaster.

* Hotline coordinator Leah H. is looking into possible changes in the way calls are

handled. She has started a contact list of people willing to handle hotline calls. She is also looking into a plan to use Google docs and Google voice, which would allow calls to be forwarded to the phones of Hotline volunteers.

If such a plan is adopted a new phone number would be necessary. Kate hoped that if that action is taken there can be some overlap time between old and new systems to give people time to adjust.

She said Google docs would allow a list of area treatment facilities to which a caller could be referred.

The council agreed that planning to make a switch should move forward.

* Founders Day coordinator Dixon is seeking donations to help fund renting sports equipment for Founders Day. People wishing to donate can contact the Central Office.

* The council adopted design for a new permanent sign for the Central Office. The sign, which is similar to the current temporary one, must be approved by the CCF board before it can be installed.

Calendar

Continued from page 1

June 21-23

Area 51 Spring Committee meeting and General Assembly, Hilton Raleigh North Hills, 3415 Wake Ave., Exit 10 off I-440 Beltline. More information available at aanorthcarolina.org.

July 7

BCR Central Office Council will meet at 3 p.m. in the board room at 310 Green St., in Fayetteville. This is a new meeting date.

Make contact with the Central Office

Hotline: 910-678-8733, coordinator Leah H.

Common Bond editor: Dave C., commonbond2011@gmail.com

Fayaa.org webmaster: John L. webmaster@fayaa.org

Central Office: Doreene B., bcrcentraloffice@embarqmail.com also info@fayaa.org. Mail: 310 Green St., Suite 201, Mailbox 14,

Fayetteville, NC 28301



How A.A. got its start

Here are some excerpts on the early history on the founding of Alcoholics Anonymous, from Ebby T.'s visit to Bill W. in November 1934 to Dr. Bob's last drink.

Alcoholic Anonymous, Bill's Story, Pages 9 and 12

"I pushed a drink across the table. He refused it. Disappointed but curious, I wondered what had got into the fellow. He wasn't himself.



Bill Wilson

"Come, what's all this about?" I queried.

He looked straight at me. Simply, but smilingly, he said, "I've got religion."

I was aghast. So that was it – last summer an alcoholic crackpot; now, I suspect, a little cracked about religion. ... Yes, the old boy was on fire all right. But bless his heart, let him rant! Besides, my gin would last longer than his preaching.

But he did not ranting. In a matter of fact way he told how two men had appeared in court, persuading the judge to suspend his commitment. They had told of a simple religious idea and a practical program of action. ... The result was self-evident. It worked!

He had come to pass his experience along to me ...

The word God still aroused a certain antipathy ...

My friend suggested what then seemed a novel idea. He said, "*Why don't you choose your own conception of God?*"

That statement hit me hard. It melted the icy intellectual mountain in whose shadow I had lived and shivered for many years. I stood in the sunlight at last.

It was only a matter of being willing to believe in a Power greater than myself. Nothing more was required of me to make my beginning.

From Pass It On, Pages 135 and 136.

Saturday noon found him (Bill W.) pacing up and down the lobby of the Mayflower Hotel in extreme agitation, wondering how to pass the weekend. He had about ten dollars in his pocket.

Now began the personal crisis that was to set in motion a series of life-changing events for Bill. There was a bar at one end of the lobby, and Bill felt himself drawn to it. Should he have a ginger ale or two, perhaps scrape up and acquaintance? What could be the harm in that?

For almost anyone else, no harm. But for Bill Wilson, the alcoholic, the idea was loaded with danger.

...In New York he had kept himself sober for more than five months through working with other drunks at Towns (hospital) and at Calvary Mission. ... Now he had nobody. As he recalled later, "I thought 'You need another alcoholic to talk to. You need another alcoholic just as much as he needs you!'" It was this thought that led him to the church directory at the other end of the lobby.

(His call to a minister eventually led him to Akron socialite Henrietta Seiberling, a friend of Dr. Bob's.

From Pass it On, Page 143

Dr. Bob later said that he could not remember ever feeling much worse than he did on the afternoon he met Bill. He had agreed to the meeting



Dr. Bob

only because he was very fond of Henrietta, and Anne had already committed them to going. But he made Anne promise that they would stay only 15 minutes. "I didn't want to talk to this mug or anybody else, and we'd really make it snappy."

... The Smiths arrived at the Stan Hywet gatehouse at five o'clock. Bob announced immediately that they could stay only briefly.

A.A. BIRTHDAYS

Send your birthdays, with first name and last initial, date and first year of sobriety to the Central Office at bcrcentraloffice@embarqmail or to commonbond2011@gmail.com.



June 2	Sandra E. – 13	Amy P. – 7	Brandon T. – 7
Tilton T. – 14	William B. – 17	July 2	Scott D. – 19
June 3	June 16	Anne S. – 38	Donna L. – 9
Sharon C. – 11	Tim V. – 11	July 4	Mitzi A. – 37
June 4	June 17	Mercedes – 12	July 18
John G. – 7	John S. – 32	Mercedes R. – 12	Mike – 12
June 6	Allison K. – 15	Mike G. – 12	July 19
Robert B. – 10	Allison K. – 10	July 5	Ellie O. – 43
June 7	June 18	Sue S. – 13	Deb S. – 29
John S. – 32	Henry K. – 10	July 6	Kate S. – 33
June 8	June 19	Sam A. – 24	July 21
Ricky S. – 28	Charlie L. – 38	July 7	Andre C. – 12
June 10	June 20	Julie C. – 13	Bernard – 10
John D. – 8	Jerry – 31	July 8	Eric R. – 11
Bethany B. – 17	June 26	Jim B. – 32	July 24
Bob P. – 27	Don L. – 30	July 9	Delores B. – 33
June 11	Bagley J. – 13	Thurmond G. – 14	Alan P. – 3
Charles K. – 9	June 27	Greg – 11	July 26
June 12	June 30	Rick L. – 8	Don L. – 10
Charlene C. – 11	Tom C. – 14	July 10	James P. – 10
June 13	June 30	Terry C. – 13	July 31
Pete F. – 11	Alphonzo M. – 32	July 11	Peaches P. – 12
June 14	July 1	Mike L. – 10	
Craig E. – 13	Jay S. – 13		

A.A.'s start Continued from page 3

... "After dinner, which (Dr. Bob) did not eat, Henrietta discreetly put us off in her little library. There, Bob and I talked until eleven o'clock."

Alcoholic Anonymous, Doctor Bob's Nightmare, Page 180

The question which might naturally come into your mind would be: "What did the man do or say that was different from what others had done or said?" It must be remembered that I had read a great deal and talked to everyone who knew, or thought they knew anything about the subject of alcoholism. But this was a man who had experienced many years of frightful drinking, who had had most all the drunkard's experiences known to man, but who had been cured by the very means I had been trying to employ, that is to say the spiritual approach. He gave me information about the subject of alcoholism which was undoubtedly helpful. *Of far more importance was the fact that he was the first living human with whom I had ever talked, who knew what he was talking about in regard to alcoholism from actual experience. In other words, he talked my language.*

Financial Report for April 2019

1st Quarter Average Balance

	\$2,069.00
February balance	\$1,369.00
March balance	\$2,245.00
Income:	
Contributions	\$484.93
Literature Sales	\$263.33
Total	\$748.26
Expenses:	
N.C. Sales Tax	-\$239.73
IRS late payment charge	-\$5.89
Century Link	-\$122.74
Straight Talk	-\$48.39
Recovery Mint	-\$15.00
Payroll	-\$105.13
Total	\$536.88
Income/Expenses	\$211.38
Ending balance	\$2,456.38

Monthly expenses

Rent	\$240.83
Payroll	\$210.25
Phone/Internet	\$122.74
Insurance & Office expenses	\$50.00
IRS	\$7.42
Total	\$631.24

Contributions Past month 2019 total

101 Big Book	0	\$303.58
Agnostics & Others	0	0
Bare Bones Group	0	0
Central Group	\$128.05	\$241.28
Fairmont Group	0	0
Freedom In Growth	\$100.00	\$197.50
Firing Line	0	0
Fort Bragg	0	0
I-95 Group	0	0

Keep Coming Back	0	0
Keep It Simple	0	0
The Recovery Group	0	0
Middle Cape Fear	0	0
New Beginnings	0	0
New Freedom	\$256.88	\$256.88
ODAT	0	63.88
Pine Run Drive	0	0
Principles Group	0	0
Restoration Group	0	0
Road Not Taken	0	0
Sandalwood Group	0	0
Spring Into Action	0	0
SOS Group	0	0
Staying Sober	0	0
Tar Hill	0	0
There Is A Solution	0	0
Village Group	0	0
Walking The Same Path	0	0
Totals	\$484.93	\$1,631.81