**District 51 Detox Meeting Format**

**NOTES FOR THE CHAIRPERSON**

* Leaders will meet volunteers in the lobby before going in to learn names of volunteers and confirm they signed up on the website, meet the sobriety requirements, and have read through the suggested pamphlets (if not they can do so then).
* Those showing up that did not sign up on the website should be directed to the signup if they want to be able to come in, they can come in without signing up if there are not 3 people that have signed up that are showing up on a given night and if they meet the sobriety requirements.
* Ensure pamphlet rack is stocked, let Treatment coordinator know if it is not.
* Meeting starts at 6:30 and ends at 7:30 (except Saturday 3:30 timeslot). We have been given 30 minutes extra to talk individually with patients after, this can be the most important time when we connect with them so please stay and talk individually with them.
* Divide time between the members that are coming in, if there are fewer volunteers then each can share longer, if there are 5 people sharing will be around 10 minutes each.
* If there is time left after everyone shares you can let the patients participate for the remaining time. It will be helpful to direct their sharing by giving them some points to focus on (for example, let us know why you decided to come to detox, if this is your first time in a detox, have you been to AA before, have you come up with a plan for where you’re going and how you plan to stay sober when you leave here?) as well as a time limit. Another alternative is to let them ask questions and the AA volunteers answer.

**MEETING FORMAT**

1. Welcome everyone! My name is \_\_\_\_\_\_\_\_ and I’m an alcoholic. Please help me open the meeting in our traditional way, with a moment of silence followed by the “we” version of the serenity prayer.
2. Although we are not affiliated with the RI Detox Center, we are grateful to be their guests, as sharing with another alcoholic is part of our recovery program that keeps us sober. We are members of Alcoholics Anonymous and all belong to different groups in the area.
3. Let’s go around the room and introduce ourselves.
4. We have passed out a few AA readings:
5. AA Preamble
6. 12 steps
7. This meeting will be a little different than a regular AA meeting. First, some of us will share our experience, strength and hope about our alcoholism and how we have recovered through the program of Alcoholics Anonymous. If we have time we will let some of you share where you are at, it not we can talk to you individually after to hear about your story and connect with you. Many of us will be happy to provide our contact information for you so that we can be a resource for you while you are still in the detox and when you get out.
8. Our area also participates in bridging the gap, where your counselor will provided you with a list of AA member names and numbers with associated group names and days and if those members are able to help with transportation to their groups. Many of us are on that list also.
9. Open the meeting to AA members to share.
10. At 7:30 or if sharing gets finished earlier: We will now close the meeting with the “we” version of the serenity prayer.
11. Make sure AA members split up after the prayer so that all the detox patients have someone to talk to.
12. By 8:00 the detox needs to take vitals of patients so please make sure all AA members are out by that time.